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Stuart, Fl 34997  
(772)286-0204  
Business Hours can be  
found on Google Maps



134 S. Indian River Dr.  
Fort Pierce, Fl 34950  
(772)429-3435  
Business Hours can be  
found on Google Maps

\* All breads are made using a slow fermentation process \*

## Daily Breads

### French Breads

Our French Breads are made using the Old-World Poolish method, naturally fat free, sugar free & never frozen

### Cracked Wheat

Whole grain bread perfect for tasty, healthy sandwiches

### Cinnamon Raisin

Perfect for French Toast

### Country Sourdough

Light sourdough shelled in an incredibly thin golden crust.

\* Available in Round & Oblong \*

### Baguette

Traditional crusty French bread made of unbleached & unbromated flour  
\* Available as Epi, Ficelle, Mini & Dinner Rolls \*

### New York Rye

Makes great sandwiches, available with aromatic caraway seeds or unseeded

### Six Grains

Made with wheat grains, rye grains, oat grains, flax seed, millet seed and teff seed

### Sour Rye

Hearty bread made from a blend of wheat & rye flour

## Specialty Breads

### Asiago

Aromatic asiago cheese folded into the dough

### Brioche Loaf

A light sweet bread perfect for French Toast

### Challah

Beautiful Braided Bread

### Cheese Bread

Loaded with cheddar & Swiss cheese & baked to a golden crust

### Jalapeno Cheese Bread

Our cheese bread loaded with jalapeno peppers

### Cranberry Walnut

Our Multigrain dough chock full of cranberries & Walnuts

### Einkorn

Low Gluten with high protein content

### Kalamata Olives & Rosemary

Aromatic & tasty with great texture

### Mission Fig

Perfect accompaniment with cheeses or simply toasted with butter

### Muesli Bread

Our Multigrain dough with almonds, apples, apricots, cranberries, dates & raisins

### Multi-Grain Oblong & Baton

Whole grain bread made with stone ground whole wheat, sun-flower seeds, millet, sesame seeds, black sesame seeds, flax seeds, oats and teff

### Pumpernickel/Pumpernickel Raisin

Wonderful texture  
\* with or without raisins \*

### Rosemary

Aromatic bread with a great thin crust

### Roasted Garlic

We roast the garlic until it is so sweet it melts in your mouth

## Italian Breads

### Ciabatta Oblong or Mini

Italian classic, great for sandwiches, dinner or bruschetta

### Semolina Round, Horn or Long

Made of Durham semolina & topped with toasted sesame seeds

### Italian or Sub

Covered in toasted sesame seeds or plain

### Tuscan Boule'

The most incredible sandwich bread.  
\* Try it with roasted red peppers & fresh mozzarella \*

## Pastry

- Scones
- Danish
- Muffins
- Croissant
- Sticky Bun
- Almond Croissant
- Chocolate Croissant
- Ham & Cheese Croissant
- Spinach & Feta Croissant
- Chocolate Almond Croissant
- Strawberry Cheese Croissant
- Sun-Dried Tomato & Goat Cheese Croissant
- Onion Jam & Goat Cheese Croissant

## Vegan & Gluten Free

- Scones
- Muffins
- Cookies
- Desserts

## Cookies & Biscotti

- Almond Biscotti
- Pistachio Biscotti
- Coconut Macaroons
- Italian Butter Cookies
- Regina/Sesame Biscotti
- Chocolate Walnut Biscotti

## Individual desserts

- Éclair
- Cannoli
- Tiramisu
- Brownies
- Napoleon
- Pecan Tart
- Lobster Tail
- Cheese Cakes
- Almond Tarts
- Key Lime Tart
- Raspberry Tart
- Mixed Fruit Tart
- Chocolate Mousse

Please stop in to see our daily, weekly, and seasonal specials!